

2014 STANFORD WOMEN'S WATER POLO



KILEY NEUSHUL

2014 Stanford Women's Water Polo Quick Facts

General Information

Location: Stanford, CA 94305
Enrollment: 18,217
Founded: 1891
Nickname: Cardinal
Colors: Cardinal and White
Conference: Mountain Pacific Sports Federation
President: John Hennessy
Athletic Director: Bernard Muir
Senior Women's Administrator: Beth Goode
Sport Administrator: Earl Koberlein

Coaching Staff

Head Coach: John Tanner
Career Record: (406-61, 17th Year)
Record At Stanford: Same
Associate Head Coach: Susan Ortwein (17th Year)
Volunteer Assistant Coach: Kyle Utsumi (Seventh Year)
Athletic Trainer: Lee Martin
Sports Performance Coach: Brandon Marcello
Women's Water Polo Office Phone: (650) 725-9015

Team Information

2013 Record: 29-3 (Home: 8-0, Away: 6-0, Neutral: 15-3)
2013 MPSF Record (Finish): 6-0 (1st)
2013 MPSF Tournament: Runner-Up (USC 11, Stanford 7)
2013 National Collegiate Championship: NCAA Runner-Up (USC 10, Stanford 9 - 4OT)
Letterwinners Returning/Lost: 15/5
Newcomers: 6
Home Pool: Avery Aquatics Center
NCAA Tournament Appearances: 13
NCAA Championships: 3 (2002, 2011, 2012)

Media Relations

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EVERY AQUATIC CENTER

HOME OF CHAMPIONS

If Stanford Athletics is recognized as "Home of Champions," then one can argue the most prolific room in the house is the Avery Aquatic Center. Since opening in its current form in 2001, the magnificent facility has been home to five NCAA team champions, 57 individual NCAA titles, 18 Pac-12/Pac-10 Conference team champions, 179 individual Pac-12/Pac-10 titles, six MPSF team titles, four U.S. Collegiate team champs, 20 U.S. Collegiate individual titles and 49 Stanford Olympians (through the 2012 Games) in the sports of men's and women's water polo, men's and women's swimming and diving and synchronized swimming.

The recently rebuilt and remodeled Avery Aquatic Center is the home of all Stanford aquatic teams, and widely considered to be the finest outdoor swimming and diving facility in the United States and perhaps the world.

Initially christened the deGuerre Pool Complex after Dorothy and Sidney deGuerre, the original facility was completed in 1972. In May 1999, an extensive renovation and expansion began that would ensure a world-class home for Stanford Aquatics well into the future. Behind these efforts were the generosity and passion for water sports of Burt and Marion "Pete" Avery and their family.

As it stands today, Avery Aquatic Center features four separate pools: the Avery Competition Pool, the Maas Diving Center, the Belardi Pool and the Baker Pool. The main attraction is the Competition Pool, which can hold up to 2,530 spectators in a facility designed to host all of Stanford's water polo, swimming, and synchronized swimming events. One of the fastest pools in the nation, the Competition Pool is 37 meters long and 20 meters wide. It tapers from 11-14 feet deep and features dual one-meter and three-meter Maxiflex springboards on the south end.

The Avery Stadium Pool also features a scoreboard on the north end, installed and built by Daktronics.

Belardi Pool and Baker Pool stand as a pair of top-rate training pools which offer Stanford student-athletes and coaches tremendous flexibility when designing training programs. The Belardi Pool is 50 meters long, 25 meters wide and tapers to a depth of 11 feet in the center, while the Baker Pool is also 50 meters long, but 25 yards wide and with a varying depth of 4.5-5.5 feet.

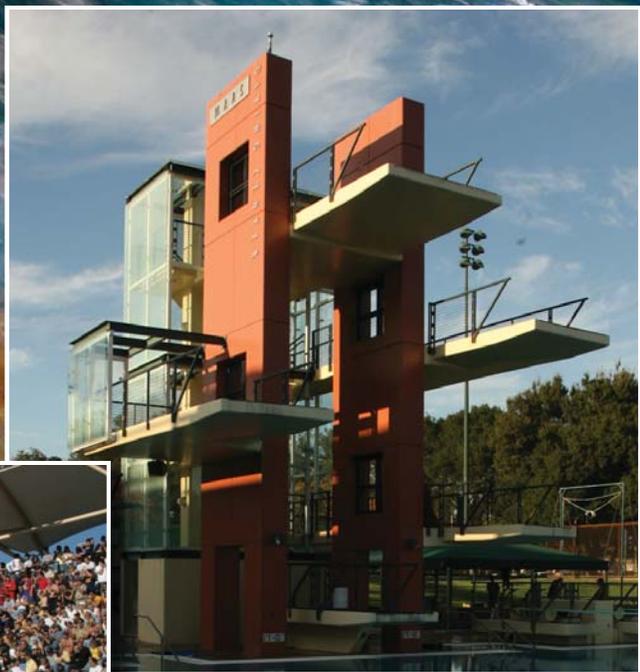
The Sandy Foundation Team Room (men's) is located on the east side of the pool deck. The Harold A. Miller Team Room (women's) is located on the west side of the deck level. In 2000, two additional team locker rooms were completed: the Men's Timkin Team Room and the Women's Team Room.

Construction began in 2007 on the Avery Video Center, which added 2,000 square feet to the existing Avery Aquatic Center. At a cost of \$1.4 million, the Avery Video Center provides a meeting facility for all aquatic sports programs, as well as state-of-the-art video equipment for game-planning and scouting purposes.

The Avery Aquatic Center has served as host of many conference and national championships. The facility has hosted the National Collegiate Men's Water Polo Championship four times (2004, 2007 and 2008, 2013) and twice hosted the MPSF Men's Water Polo Tournament (2004, 2010).

The first-ever National Collegiate Women's Water Polo Championship was held at Avery Aquatic Center in May of 2001, and the facility has hosted the event twice more, in 2004 and 2008. Avery hosted the women's MPSF Championship in 2003 and 2012.





Avery
Aquatic
Center
Home of
Champions



STANFORD WOMEN'S WATER POLO AT THE OLYMPICS

In the relatively short history of Olympic women's water polo, Stanford alumnae have played a significant role in the fortunes of the United States Olympic Team since the first women's tournament at the 2000 Sydney Games. Over the four women's Olympic tournaments since 2000, Stanford boasts nine of its alumnae combining to make a total of 14 appearances for Team USA at the Olympics.

Five Cardinal alumnae, Brenda Villa '03, Jessica Steffens '10, Melissa Seidemann '09, Annika Dries '14 and Maggie Steffens '16 paced the U.S. to its first Olympic Gold Medal at the 2012 London Games, with Maggie Steffens being named the tournament MVP after leading all players with 21 goals, including five in the Gold Medal Final win over Spain.

Villa is the way as the only Cardinal player of that group to appear in all four Olympic tournaments. Villa, who served as the U.S. captain at the 2008 Beijing Games as well as in London, helped lead the U.S. to silver medals in Sydney and Beijing and a bronze medal at Athens in 2004 before finally attaining gold in 2012.

Ellen Estes '02 and Jessica Steffens '10 are the only other two-time Olympians among the group. Estes donned the USA cap at the 2000 and 2004 Games, earning a silver and a bronze medal, respectively, while Steffens earned silver in Beijing in 2008 and gold in London in 2012.

Margie Dingeldein '02 and Jackie Frank '03 were also a part of the bronze medal-winning U.S. team in Athens, as Stanford boasted four members of that squad, the most the school has had on any one Olympic women's water polo team.

Alison Gregorka '07 was part of the silver medal-winning U.S. squad in Beijing alongside Villa and Steffens.

The nine Stanford Olympic alumnae have helped the United States become the only nation to medal in all four Olympic women's water polo tournaments.

Jessica Steffens
2008 Olympian

Alison Gregorka
2008 Olympian

Brenda Villa
Three-time Olympian



STANFORD AT THE OLYMPICS



Maggie Steffens
2012 Olympian

Melissa Seidemann
2012 Olympian

Annika Dries
2012 Olympian

1992 BARCELONA GAMES - Men's (4th)

John Tanner (Assistant Coach)

2000 SYDNEY GAMES - Men's (6th)

John Tanner (Assistant Coach)

2000 SYDNEY GAMES (SILVER)

Ellen Estes

Brenda Villa

2004 ATHENS GAMES (BRONZE)

Margie Dingeldein

Ellen Estes

Jackie Frank

Brenda Villa

2008 BEIJING GAMES (SILVER)

Alison Gregorka

Jessica Steffens

Brenda Villa*

2012 LONDON GAMES (GOLD)

Annika Dries

Melissa Seidemann

Jessica Steffens

Maggie Steffens

Brenda Villa*

*Team captain

Ellen Estes
2000 & 2004 Olympian

Jackie Frank
2004 Olympian

Margie Dingeldein
2004 Olympian



STANFORD'S CHAMPIONSHIP WATER POLO TRADITION



Brenda Villa
Three-time Olympian
Three-time All-American
National Player of the Year



Ellen Estes
Two-time Olympian
Four-time All-American



Jackie Frank
2004 Olympian
Two-time National Player of the Year

Tradition Of Excellence

Stanford women's water polo has earned itself a spot amongst the elite programs in the nation, laying claim to national championships in 2002, 2011 and 2012, and the distinction of being the only team to qualify for every NCAA Championship since the tournament's inception in 2001.

Stanford has reached the NCAA Championship final nine times in those 13 appearances. The Cardinal has captured three national championships (2002, 2011, 2012), finished second six times, and finished third four times.

Since 1996, Stanford has also captured four MPSF Tournament titles (2000, '01, '03 and '06). The program has also racked up an impressive 470-80 (.855) record over that time.

Also in that time span, Stanford student-athletes have collected 87 All-America honors as well as 93 selections to the various All-MPSF teams. On five occasions a Stanford student-athlete has taken home player of the year honors, as Brenda Villa earned the honor in 2001, Jackie Frank claimed the award two consecutive years (2002-03), Annika Dries was honored in 2011 and Melissa Seidemann was selected in 2013. Villa (2002), Frank (2003), Dries (2011), Kiley Neushul (2012) and Seidemann (2013) have each also claimed the prestigious Peter J. Cutino Award, presented annually by the Olympic Club to the country's top female collegiate player. Seven additional Cardinal alumnae have been finalists for the award as well.

Brenda Villa ('03) remains the only Cardinal student-athlete to have earned first-team All-America honors in each of her seasons at Stanford (2001-03).

But it has not only been the classroom where the Cardinal has excelled, as the program has had 129 national All-Academic selections and 122 MPSF All-Academic nods since 1998.

Nine Stanford alumnae have also had the honor of representing Stanford at the Olympic Games since women's water polo was added to the Games in 2000. At the 2012 London Games, Villa, Jessica Steffens, Annika Dries, Melissa Seidemann and Maggie Steffens paced the United States to its first Olympic Gold Medal, with Maggie Steffens being named MVP after scoring a tournament-best 21 goals.

Villa is the only Cardinal alumna to have been on the U.S. team for all four tournaments, earning a gold medal (2012), two silver medals (2000 and '08) and a bronze medal (2004).

Ellen Estes, a member of the U.S. teams at the 2000 Sydney Games and the 2004 Athens Games, and Jessica Steffens, who made her first Olympic appearance at the 2008 Beijing Games, are Stanford's two-time Olympians. Margie Dingeldein (2004), Jackie Frank (2004) and Alison Gregorka (2008) have all made an appearance on Team USA.

Thanks in part to the play and leadership from this group of nine Stanford alumnae, the U.S. holds the distinction of being the only nation to medal in all four of the Olympic women's water polo tournaments.





2011 NCAA Champions



2012 NCAA Champions

3 NCAA CHAMPIONSHIP

79 ALL-AMERICANS

9 OLYMPIANS

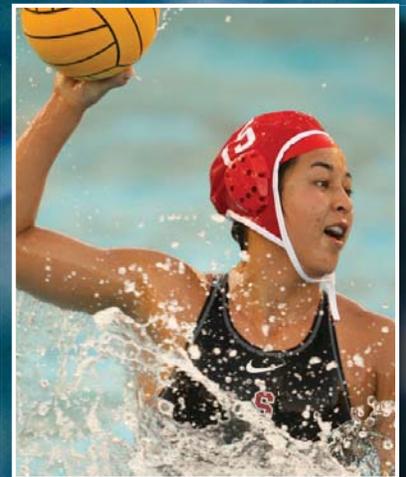
4 MPSF TOURNAMENT TITLES

6 PETER J. CUTINO AWARD WINNERS

43 U.S. SENIOR NATIONAL
TEAM SELECTIONS



Lauren Silver
Two-time All-American



Christina Hewko
Two-time All-American



Margie Dingeldein
All-American
Olympian



2002 NCAA Champions





John Tanner has led the Cardinal to three NCAA championship titles (2002, 2011, 2012) and six second-place finishes since taking the helm of Stanford women's water polo in 1998.

Stanford Water Polo Year-by-Year

Coach	Yr.	Record	NCAA Finish
Ben Quittner	1996	31-9	5th
Ben Quittner	1997	33-10	4th
John Tanner	1998	29-6	3rd
John Tanner	1999	25-6	2nd
John Tanner	2000	28-5	3rd
John Tanner	2001	27-1	2nd
John Tanner	2002	23-2	1st
John Tanner	2003	21-3	2nd
John Tanner	2004	19-5	3rd
John Tanner	2005	21-7	2nd
John Tanner	2006	24-5	3rd
John Tanner	2007	27-3	2nd
John Tanner	2008	27-5	3rd
John Tanner	2009	26-4	3rd
John Tanner	2010	26-3	2nd
John Tanner	2011	28-1	1st
John Tanner	2012	26-2	1st
John Tanner	2013	29-3	2nd
Overall Record		470-80 (.855)	

National Champions
2002, 2011, 2012

MPSF Champions
2000*, 2001*, 2003*, 2006*
* – MPSF Tournament Champion

ACWPC All-Americans

2013

Melissa Seidemann (Player of the Year, First Team)

Maggie Steffens (First Team)

Annika Dries (Second Team)

Kiley Neushul (Second Team)

Kate Baldoni (Honorable Mention)

Kaley Dodson (Honorable Mention)

2012

John Tanner (Coach of the Year)

Kiley Neushul (Player of the Year, First Team)

Kaley Dodson (First Team)

Alyssa Lo (Second Team)

Kate Baldoni (Third Team)

Cassie Churnside (Honorable Mention)

Monica Coughlan (Honorable Mention)

Ashley Grossman (Honorable Mention)

Pallavi Menon (Honorable Mention)

2011

Annika Dries (Player of the Year, First Team)

Amber Oland (First Team)

Melissa Seidemann (First Team)

Alyssa Lo (Second Team)

Kaley Dodson (Honorable Mention)

Kim Krueger (Honorable Mention)

2010

Kelly Eaton (First Team)

Jessica Steffens (First Team)

Amber Oland (Second Team)

Melissa Seidemann (Second Team)

Annika Dries (Third Team)

2009

Lauren Silver (First Team)

Jessica Steffans (First Team)

Melissa Seidemann (Third Team)

Kelly Eaton (Honorable Mention)

2008

Lauren Silver (First Team)

Jacquelyn Gauthier (Second Team)

Amber Oland (Third Team)

Kelly Eaton (Honorable Mention)

2007

Katie Hansen (First Team)

Christina Hewko (First Team)

Alison Gregorka (Second Team)

Meridith McColl (Second Team)

Lauren Silver (Third Team)

2006

Katie Hansen (First Team)

Christina Hewko (Second Team)

Scotti Shafer (Second Team)

Meridith McColl (Second Team)

Lauren Silver (Honorable Mention)

2005

Christina Hewko (First Team)

Katie Hansen (Second Team)

Meridith McColl (Second Team)

Hannah Luber (Second Team)

2004

Wendy Watkins (First Team)

Hannah Luber (Second Team)

Christina Hewko (Honorable Mention)

2003

Jackie Frank (First Team, Player of the Year)

Julie Gardner (First Team)

Brenda Villa (First Team)

Wendy Watkins (Third Team)

2002

Jackie Frank (First Team, Player of the Year)

Ellen Estes (First Team)

Brenda Villa (First Team)

Margie Dingeldein (Third Team)

Kate Pettit (Honorable Mention)

2001

Brenda Villa (First Team, Player of the Year)

Jackie Frank (First Team)

Ellen Estes (Second Team)

Margie Dingeldein (Second Team)

Anne-Marie Keenan (Honorable Mention)

Julie Gardner (Honorable Mention)

2000

Margie Dingeldein (First Team)

Jackie Frank (Second Team)

Kris Koblik (Third Team)

Julie Gardner (Third Team)

Kelly Shouey (Honorable Mention)

Anne-Marie Keenan (Honorable Mention)

1999

Margie Dingeldein (First Team)

Kelly Shouey (First Team)

Kris Koblik (Second Team)

Heather Crary (Second Team)

Anne-Marie Keenan (Honorable Mention)

1998

Ellen Estes (First Team)

Suze Gardner (First Team)

Heather Crary (Third Team)

Kris Koblik (Honorable Mention)

1997

Suze Gardner (First Team)

Ellen Estes (Second Team)

Alice Cathcart (Honorable Mention)

Heather Crary (Honorable Mention)

1996

Lindsay Welsh (Second Team)

Heather Crary (Third Team)

Lindsay Tam (Honorable Mention)

NCAA All-Tournament Team

2013

Melissa Seidemann (First Team)

Maggie Steffens (First Team)

Kate Baldoni (Second Team)

Annika Dries (Second Team)

2012

Kate Baldoni (MVP, First Team)

Kaley Dodson (First Team)

Alyssa Lo (First Team)

2011

Annika Dries (MVP, First Team)

Kim Krueger (First Team)

Amber Oland (First Team)

Melissa Seidemann (First Team)

2010

Melissa Seidemann (First Team)

Jessica Steffens (First Team)

Kelly Eaton (Second Team)

Kim Krueger (Second Team)

Annika Dries (Second Team)

2009

Lauren Silver (First Team)

Jessica Steffans (First Team)

Kelly Eaton (Second Team)

2008

Jacquelyn Gauthier (First Team)

Lauren Silver (Second Team)

Heather West (Second Team)

2007

Katie Hansen (First Team)

Christina Hewko (First Team)

Alison Gregorka (Second Team)

Meridith McColl (Second Team)

2006

Scotti Shafer (First Team)

Lauren Silver (Second Team)

Christina Hewko (Second Team)

2005

Hannah Luber (First Team)

Christina Hewko (Second Team)

Meridith McColl (Honorable Mention)

2004

Lauren Faust (Second Team)

Hannah Luber (Second Team)

Wendy Watkins (Second Team)

2003

Jackie Frank (First Team)

Julie Gardner (First Team)

Hannah Luber (First Team)

Brenda Villa (First Team)

2002

Jackie Frank (First Team, MVP)

Ellen Estes (First Team)

Brenda Villa (First Team)

Margie Dingeldein (Second Team)

Julie Gardner (Second Team)

Wendy Watkins (Second Team)

2004

Wendy Watkins (First Team)

Hannah Luber (Second Team)

Meridith McColl (Honorable Mention, All-Freshman Team)

Christina Hewko (All-Freshman Team)

Katie Hansen (All-Freshman Team)

2003

Brenda Villa (Player of the Year)

Jackie Frank (Goalie of the Year)

Julie Gardner (First Team)

Wendy Watkins (Second Team)

2002

Jackie Frank (First Team, Goalie of the Year)

Brenda Villa (First Team)

Ellen Estes (First Team)

Margie Dingeldein (Second Team)

2001

Brenda Villa (First Team, Co-Player of the Year)

1996

Lindsay Welsh (Second Team)

Heather Crary (Honorable Mention)

MPSF All-Conference

2013

Melissa Seidemann (First Team)

Maggie Steffens (First Team, All-Newcomer)

Annika Dries (Second Team)

Kate Baldoni (Honorable Mention)

Kaley Dodson (Honorable Mention)

Anna Yelizarova (All-Newcomer)

2012

Kiley Neushul (Newcomer of the Year, First Team, All-Newcomer)

Kaley Dodson (First Team)

Alyssa Lo (Second Team)

Ashley Grossman (Honorable Mention, All-Newcomer)

2011

Annika Dries (Player of the Year, First Team)

Melissa Seidemann (First Team)

Amber Oland (Second Team)

Kim Krueger (Honorable Mention)

Alyssa Lo (Honorable Mention)

Kaley Dodson (All-Freshman)

2010

Jessica Steffens (First Team)

Kelly Eaton (First Team)

Melissa Seidemann (Honorable Mention)

Annika Dries (Hon. Mention, All-Freshman Team)

2009

Lauren Silver (First Team)

Melissa Seidemann (Honorable Mention)

Annika Dries (Hon. Mention, All-Freshman Team)

2008

Lauren Silver (First Team)

Melissa Seidemann (Second Team, All-Freshman Team, Newcomer of the Year)

Kelly Eaton (Honorable Mention)

Amber Oland (Honorable Mention)

2007

Lauren Silver (First Team)

Amber Oland (Honorable Mention, All-Freshman Team, Newcomer of the Year)

Jacquelyn Gauthier (Honorable Mention)

Allie Gerrity (All-Freshman Team)

Kim Krueger (All-Freshman Team)

2006

Katie Hansen (First Team)

Christina Hewko (First Team)

Meridith McColl (First Team)

Alison Gregorka (Second Team)

Lauren Silver (Honorable Mention)

Jessica Steffens (Honorable Mention)

Kelly Eaton (All-Freshman Team)

Kelly Donahue (All-Freshman Team)

2005

Katie Hansen (First Team)

Christina Hewko (First Team)

Meridith McColl (First Team)

Alison Gregorka (Second Team)

Lauren Silver (Honorable Mention)

Jessica Steffens (Honorable Mention)

Kelly Eaton (All-Freshman Team)

Kelly Donahue (All-Freshman Team)

2004

Katie Hansen (First Team)

Christina Hewko (First Team)

Meridith McColl (First Team)

Alison Gregorka (Second Team)

Lauren Silver (Honorable Mention)

Jessica Steffens (Honorable Mention)

Kelly Eaton (All-Freshman Team)

Kelly Donahue (All-Freshman Team)

2003

Katie Hansen (First Team)



Jackie Frank (First Team)	Maggie Steffens	Emily Dorst	Kelly Donahue	Ali Riddell	Alexis Lee	Kelty Luber
Ellen Estes (First Team)	2012	Jillian Garton	Jackie Gauthier	2000	Alyssa Lo	Meridith McColl
Margie Dingeldein (Hon. Mention)	Kaley Dodson	Ashley Grossman	Alison Gregorka	Margie Dingeldein	Pallavi Menon	Julia McKinney
Julie Gardner (Honorable Mention)	Kiley Neushul	Victoria Kennedy	Kate Heddlestone	Anne-Marie Keenan	2010	Val Riss
Anne-Marie Keenan (Honorable Mention)	2011	Alexis Lee	Kira Hillman	Kris Koblik	Mimi Bury	Scotti Shafer
2000	Annika Dries	Alyssa Lo	Meridith McColl	Kate Pettit	Monica Coughlan	2004
Margie Dingeldein (First Team)	2010	Kaitlyn Lo	Megan Nesland	Ali Riddell	Kelly Eaton	Lauren Faust
Julie Gardner (Second Team)	Jessica Steffens	Pallavi Menon	Jessica Steffens	1999	Kelsey Holshouser	Hannah Luber
Jackie Frank (Second Team)	2009	Lauren Silver	Heather West	Heather Crary	Alex Koran	Kelty Luber
Kris Koblik (Second Team)	2008	Amber Oland	2006	Margie Dingeldein	Kim Krueger	Amanda Matuk
1999	2008	Lauren Silver	Nancy El-Sakkary	Nicole Glazer	Alyssa Lo	Val Riss
Margie Dingeldein (First Team)	2007	Christina Hewko	Jacquelyn Gauthier	Anne-Marie Keenan	Pallavi Menon	Scotti Shafer
Heather Crary (Second Team)	2007	Katie Hansen	Alison Gregorka	Kris Koblik	Melissa Seidemann	Wendy Watkins
Nicole Glazer (Honorable Mention)	2006	Kim Krueger	Katie Hansen	Kate Pettit	Jessica Steffens	2003
Anne-Marie Keenan (Honorable Mention)	2006	Alyssa Lo	Megan May	Ali Riddell	2009	Lauren Faust
Kris Koblik (Honorable Mention)	2006	Christina Hewko	Meridith McColl	Lindsay Tam	Koree Blyleven	Jackie Frank
Kelly Shouey (Honorable Mention)	2006	Meridith McColl	Scotti Shafer	1998	Kelly Eaton	Kelty Luber
1998	2005	2005	2005	Heather Crary	Allie Gerrity	Heather Stamper
Ellen Estes (First Team, Player of the Year)	2005	Kelsey Suggs	Nancy El-Sakkary	Kris Koblik	2002	2002
Suze Gardner (First Team)	2004	2010	Alison Gregorka	Lindsay Tam	Margie Dingeldein	Jackie Frank
Kris Koblik (Second Team)	2004	2010	Hannah Luber	Lindsay Welsh	Jackie Frank	Hillary Gallogly
Heather Crary (Third Team)	2003	2010	Kelty Luber		Kate Pettit	Alli Henry
1997	2003	2010	Val Riss		2001	Anne-Marie Keenan
Ellen Estes (First Team)	2003	2010	Scotti Shafer		2008	Kris Koblik
Lindsay Welsh (First Team)	2003	2010	2004		Koree Blyleven	Kate Pettit
Alice Cathcart (Second Team)	2002	2010	Nancy El-Sakkary		Kelly Eaton	Ali Riddell
Suze Gardner (Second Team)	2002	2010	Lauren Faust		2007	2000
Heather Crary (Second Team)	2002	2010	Jackie Frank		Jackie Gauthier	Margie Dingeldein
1996	2002	2010	Kelty Luber		Alison Gregorka	Alli Henry
Heather Crary (First Team, Goalie of the Year)	2002	2010	Val Riss		Katie Hansen	Anne-Marie Keenan
Lindsay Welsh (First Team)	2002	2010	Scotti Shafer		Christina Hewko	Kris Koblik
Alice Cathcart (Second Team)	2002	2010	2003		Kira Hillman	Kate Pettit
Lindsay Tam (Second Team)	2002	2010	Elizabeth Derse		Meridith McColl	Ali Riddell
Olivia White (Second Team)	2002	2010	Lauren Faust		Jessica Steffens	1999
MPSF All-Tournament Team	2002	2010	Jackie Frank		Heather West	Heather Crary
2013	2002	2010	Kate Pettit		2006	Nicole Glazer
Melissa Seidemann	2002	2010	Heather Stamper		Nancy El-Sakkary	Anne-Marie Keenan
	2002	2010	2001		Alison Gregorka	Kris Koblik
	2002	2010	Margie Dingeldein		Katie Hansen	Ali Riddell
	2002	2010	Lauren Faust		Megan May	Lindsay Tam
	2002	2010	Jackie Frank		Meridith McColl	1998
	2002	2010	Alli Henry		Scotti Shafer	Heather Crary
	2002	2010	Anne-Marie Keenan		2005	Nicole Glazer
	2002	2010	Kris Koblik		Nancy El-Sakkary	Elissa Keszler
	2002	2010	Kate Pettit		Alison Gregorka	Lindsay Tam
	2002	2010			Hannah Luber	Lindsay Welsh

<p>National Awards</p> <p>Peter J. Cutino Award Presented annually by the Olympic Club to the country's top female collegiate water polo player. 2013 – Melissa Seidemann (Winner)</p> <p>Annika Dries (Finalist) Maggie Steffens (Finalist)</p> <p>2012 – Kiley Neushul (Winner) 2011 – Annika Dries (Winner)</p> <p>Melissa Seidemann (Finalist)</p> <p>2010 – Jessica Steffens (Finalist)</p> <p>2008 – Lauren Silver (Finalist)</p> <p>2007 – Katie Hansen (Finalist)</p> <p>2006 – Meridith McColl (Finalist)</p> <p>2004 – Wendy Watkins (Finalist)</p>	<p>2003 – Jackie Frank (Winner) Brenda Villa (Finalist)</p> <p>2002 – Brenda Villa (Winner)</p> <p>1999 – Heather Crary (Finalist)</p> <p>NCAA Post-Graduate Scholarship Winner 2012 – Monica Coughlan 2006 – Scotti Shafer 2002 – Kate Pettit</p> <p>NCAA ELITE 88 Award Winner 2011 – Monica Coughlan 2010 – Monica Coughlan</p> <p>Pac-10 Conference Medal Winner A conference medal is awarded annually to each member institution's outstanding senior male and female student-athlete based on exhibition of the greatest combination of performance and achievement in scholarship, athletics and leadership. 2003 – Jackie Frank</p> <p>Pac-10 Post-Graduate</p>	<p>Scholarship Winner 2002 – Ellen Estes</p> <p>Stanford Athletic Board Awards</p> <p>The AI Masters Award Department's highest honor for attaining the highest standards of athletic performance, leadership and academic achievement. 2003 – Jackie Frank 2002 – Ellen Estes</p> <p>The Donald Kennedy Award Presented to the Stanford Senior Athlete who best exhibits the combination of excellent academics, strong athletic ability and a commitment to community service. 2006 – Scotti Shafer 2002 – Kate Pettit 1999 – Lindsay Tam</p> <p>The Dick and Anne Gould Captain's Award Presented to the senior captain who has exhibited uncommon leadership to his/her team.</p>	<p>2011 – Kim Hall</p> <p>The Block 'S' Outstanding Female Junior Award Presented to the most outstanding female junior. 2011 – Melissa Seidemann 2003 – Brenda Villa 2002 – Jackie Frank</p> <p>The Block 'S' Outstanding Female Sophomore Award Presented to the most outstanding female sophomore. 2011 – Annika Dries 2005 – Meridith McColl 2002 – Brenda Villa 2001 – Jackie Frank 2000 – Margie Dingeldein</p> <p>The Block 'S' Outstanding Female Freshman Award Presented to the most outstanding female freshman. 2012 – Kiley Neushul 2009 – Melissa Seidemann 2006 – Lauren Silver</p>	<p>Conference Female Athlete of the Year Award 2001 – Brenda Villa</p> <p>The Pam Strathairn Award 2010 – Jessica Steffens 2007 – Christina Hewko 2001 – Kris Koblik</p> <p>The Thomas W. Ford Award Presented to the team whose student-athletes have demonstrated special commitment to participation in local community outreach programs. 2008, 2005, 2001</p> <p>The Lowell Berry Award 2013 – Maggie Steffens</p> <p>The E. Eric and Elizabeth D. Johnson Award 2013 – Melissa Seidemann</p> <p>The Arthur F. Daver Warrior Award 2010 – Kim Hall</p>
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Senior National Team



2008 Olympians Brenda Villa, Alison Gregorka and Jessica Steffens returned to Avery Aquatic Center when the U.S. took on Australia in July 2008

- Olympic Games
- 2012 (Gold Medal)
 - Brenda Villa ('03) – Captain
 - Jessica Steffens ('10)
 - Melissa Seidemann ('13)
 - Annika Dries ('14)
 - Maggie Steffens ('16)
- 2008 (Silver Medal)
 - Brenda Villa ('03) – Captain
 - Alison Gregorka ('07)
 - Jessica Steffens ('10)
- 2004 (Bronze Medal)
 - Margie Dingeldein ('02)
 - Ellen Estes ('02)
 - Jackie Frank ('03)
 - Brenda Villa ('03)
- 2000 (Silver Medal)
 - Ellen Estes ('02)
 - Brenda Villa ('03)

- FINA World Championships
- 2013
 - Annika Dries ('14)
 - Kiley Neushul ('15)
 - Melissa Seidemann ('13)
 - Lauren Silver ('09)
 - Maggie Steffens ('16)
- 2011
 - Annika Dries ('14)
 - Melissa Seidemann ('13)
 - Lauren Silver ('09)
 - Jessica Steffens ('10)
 - Brenda Villa ('03)
- 2009 (World Champions)
 - Alison Gregorka ('07)
 - Jessica Steffens ('10)
 - Brenda Villa ('03)
- 2007 (World Champions)
 - Alison Gregorka ('07)
 - Brenda Villa ('03)
- 2005
 - Brenda Villa ('03)
- 2003 (World Champions)
 - Margie Dingeldein ('02)
 - Ellen Estes ('02)
 - Jackie Frank ('03)
 - Brenda Villa ('03)
- 2001
 - Margie Dingeldein ('02)
 - Brenda Villa ('03)
- 1998
 - Jackie Frank ('03)
 - Brenda Villa ('03)



Annika Dries, Melissa Seidemann, Lauren Silver and Brenda Villa are all current members of the U.S. Senior National Team

- FINA World Cup
- 2010 (Champions)
 - Annika Dries ('13)
 - Melissa Seidemann ('12)
 - Lolo Silver ('09)
 - Brenda Villa ('03)
- 2006
 - Alison Gregorka ('07)
 - Jessica Steffens ('10), Alternate
- 2002
 - Margie Dingeldein ('02)
 - Ellen Estes ('02)
 - Jackie Frank ('03)
 - Brenda Villa ('03)
- 1999
 - Ellen Estes ('02)
 - Jackie Frank ('03)
 - Brenda Villa ('03)
- 1998
 - Jackie Frank ('03)
 - Brenda Villa ('03)
- Pan-American Championships
- 2011
 - Annika Dries ('14)
 - Melissa Seidemann ('13)
 - Jessica Steffens ('10)
 - Brenda Villa ('03)
- 2007 (Champions)
 - Alison Gregorka ('07)
 - Jessica Steffens ('10)
 - Brenda Villa ('03)
- 2003 (Champions)
 - Margie Dingeldein ('02)
 - Ellen Estes ('02)
 - Jackie Frank ('03)
 - Brenda Villa ('03)
- 1999
 - Ellen Estes ('02)
 - Brenda Villa ('03)



Alyssa Lo, Susan Ortwein, Pallavi Menon and Amber Oland were part of the silver medal-winning U.S. World University Games Team in 2011

- Current National Team Training Squad
- Annika Dries ('13)
- Melissa Seidemann ('12)
- Maggie Steffens ('16)
- Lauren Silver ('09)
- Former Senior National Team Members
- Margie Dingeldein ('02)
- Ellen Estes ('02)
- Jackie Frank ('03)
- Suze Gardner ('00)
- Alison Gregorka ('07)
- Katie Hansen ('07)
- Christina Hewko ('07)
- Anne-Marie Keenan ('01)
- Kate Pettit ('02)
- Jessica Steffens ('10)
- Brenda Villa ('03)
- Former Senior National 'B' Team Members
- Alice Cathcart ('97)
- Heather Crary ('99)
- Suze Gardner ('00)
- Anne-Marie Keenan ('01)
- Kelly Shouey ('01)
- Lauren Silver ('09)



Stanford alumnae Brenda Villa, Lauren Silver, Melissa Seidemann and Annika Dries were part of the gold medal-winning U.S. Senior National Team at the FINA World Cup in 2010

Junior National Team



Kim Krueger competed in the 2007 Junior FINA World Championships and captured the 2006 Junior Pan-American Games.

- Junior FINA World Championships 2013
- Ashley Grossman ('15)
- Kiley Neushul ('15)
- 2011
- Kate Baldoni ('13)
- Kaley Dodson ('14)
- Ashley Grossman ('15)
- Kiley Neushul ('15)
- 2009 (Third)
- Kate Baldoni ('13)
- Annika Dries ('13)
- 2007
- Kim Krueger ('11)
- Amber Oland ('11)
- Lauren Silver ('09)
- Jessica Steffens ('10)
- 2005 (Champions)
- Alison Gregorka ('07)
- Katie Hansen ('07)
- Christine Hewko ('07)
- Meridith McColl ('07)
- 2003
- Laurel Champion ('06)

- Alison Gregorka ('07)
- Meridith McColl ('07)
- Scotti Shafer ('06)
- 2001
- Julie Gardner ('03)
- 1999
- Margie Dingeldein ('02)
- Jackie Frank ('03)
- Kris Koblik ('01)
- Brenda Villa ('03)
- Wendy Watkins ('04)
- 1997
- Dani Bell ('01)
- Heather Crary ('99)
- Ellen Estes ('02)
- Jackie Frank ('03)
- Elissa Keszler ('00)
- Brenda Villa ('03)
- 1995
- Ellen Estes ('02)
- Jackie Frank ('03)
- Brenda Villa ('03)



Stanford women's water polo has always been well-represented at the Speedo Top 40 in the fall

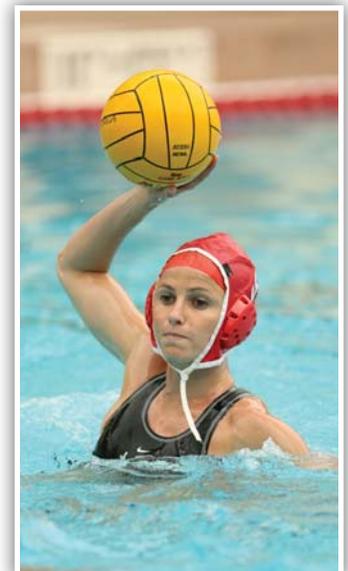
- Junior Pan-American Games
- 2006 (Champions)
- Kim Krueger ('11)
- 2004 (Champions)
- Alison Gregorka ('07)
- Katie Hansen ('07)
- Christina Hewko ('07)
- Meridith McColl ('07)
- Lauren Silver ('09)
- 2002
- Lauren Boreta ('06)
- Scotti Shafer ('06)
- 2000
- Julie Gardner ('03)
- 1998
- Dani Bell ('01)
- Jackie Frank ('03)
- Brenda Villa ('03)

- 1996
- Heather Crary ('99)
- Ellen Estes ('02)
- Jackie Frank ('03)
- Elissa Keszler ('00)
- Brenda Villa ('03)
- Lindsay Welsh ('98)

- Current Junior National Team Members
- Ashley Grossman ('15)
- Kiley Neushul ('15)



Kim Krueger, Amber Oland, Lauren Silver ('09), Alison Gregorka ('07), and Jessica Steffens ('10) represented Stanford on the Senior and Junior National Teams over the summer of 2007.



Scotti Shafer competed in both the Junior FINA World Championships and the Junior Pan-American Games.

2013 Stanford Results

Overall Record: 29-3, MPSF: 6-0

Date	Opponent	Result	Stanford Goals
Jan. 25	(1) vs. Michigan	W, 11-2	Seidemann 5, Yelizarova 2, Lo, Neushul, Sohi, Suggs
Jan. 26	(1) vs. Cal Baptist	W, 19-1	Neushul 3, A. Lo 3, K. Lo 3, Grossman 2, Kennedy 2, Menon 2, Garton, Lee, Ross, Suggs
	(1) UC Irvine	W, 9-4	Seidemann 3, Neushul 2, Steffens 2, Carpenter, Lo
Jan. 27	(1) CSU Bakersfield	W, 20-3	Ross 4, Seidemann 3, Sohi 3, K. Dodson 2, Lo 2, Yelizarova 2, C. Dodson, Johnson, Neushul, Steffens
	(1) vs. LMU	W, 14-8	K. Dodson 3, Seidemann 3, Sohi 2, Steffens 2, Yelizarova 2, Neushul, Suggs
Feb. 2	(2) San Jose State	W, 15-4	Seidemann 5, Yelizarova 5, Neushul 3, K. Dodson, Steffens
Feb. 3	(2) UC Davis	W, 11-2	Neushul 3, Seidemann 2, Yelizarova 2, Lee, Lo, Ross, Sohi
	(2) UCLA	W, 8-5	Yelizarova 3, K. Dodson 2, Lo, Seidemann, Steffens
Feb. 9	UC Davis	W, 15-4	Seidemann 3, Steffens 3, K. Dodson 2, Neushul 2, Yelizarova 2, Lee, Lo, Ross
Feb. 23	(3) vs. CSU Bakersfield	W, 12-4	Dries 2, Garton 2, Lo 2, Seidemann 2, Steffens 2, Neushul, Sohi
	(3) vs. Hawai'i	W, 13-5	Seidemann 3, Dries 2, C. Dodson 2, Neushul 2, Steffens 2, Lee, Yelizarova
Feb. 24	(3) vs. Arizona State	W, 10-3	Dries 2, Neushul 2, C. Dodson, Lee, Lo, Seidemann, Steffens, Yelizarova
	(3) vs. USC	L, 13-10	Steffens 3, Neushul 2, Seidemann 2, K. Dodson, Dries, Yelizarova
Mar. 2	CSU Bakersfield*	W, 16-3	C. Dodson 2, Dries 2, Lo 2, Seidemann 2, Steffens 2, Yelizarova 2, Carpenter, K. Dodson, Johnson, Masson
Mar. 9	San Jose State*	W, 15-4	Dries 3, Neushul 3, Garton 2, Steffens 2, K. Dodson, Lee, Lo, Ross, Seidemann
Mar. 22	Harvard	W, 18-5	Steffens 4, K. Dodson 3, Neushul 3, Seidemann 3, C. Dodson 2, Grossman, Lee, Lo
Mar. 24	at Arizona State*	W, 17-7	Neushul 3, Steffens 3, Dries 2, Grossman 2, Lo 2, Seidemann 2, Yelizarova 2, Sohi
	vs. Colorado State	W, 16-6	Seidemann 5, Lo 3, Dries 2, Yelizarova 2, C. Dodson, Neushul, Sohi, Steffens
Mar. 25	vs. Hartwick	W, 13-4	K. Dodson 3, Seidemann 3, Steffens 3, Yelizarova 2, Dries, Grossman
Mar. 29	vs. UC San Diego	W, 17-4	Dries 3, Seidemann 3, Grossman 2, Ross 2, Carpenter, Garton, Lo, Sohi, Steffens, Suggs, Yelizarova
	vs. UC Santa Barbara	W, 12-3	Neushul 4, Steffens 3, Dries, Grossman, Lee, Lo, Yelizarova
Mar. 30	at Hawai'i	W, 17-5	Steffens 4, Dries 3, Grossman 3, Yelizarova 3, Neushul 2, C. Dodson, Lo
Apr. 6	UCLA*	W, 8-1	K. Dodson 2, Lee 2, Seidemann 2, Grossman, Suggs
Apr. 13	at USC*	W, 6-4	Seidemann 2, K. Dodson, Grossman, Lo, Steffens
Apr. 14	vs. LMU	W, 10-2	Neushul 3, Dries 2, Seidemann 2, Steffens 2, Yelizarova
Apr. 19	at California*	W, 8-4	Neushul 3, Steffens 3, K. Dodson, Seidemann
Apr. 27	(4) vs. UCLA	W, 11-7	Dries 5, Seidemann 4, Neushul, Steffens
Apr. 28	(4) vs. USC	L, 11-7	Seidemann 3, Steffens 2, K. Dodson, Yelizarova
May 10	(5) vs. Iona	W, 20-3	Seidemann 4, Dries 3, Grossman 2, Steffens 2, Yelizarova 2, C. Dodson, K. Dodson, Garton, Lee, Lo, Neushul, Ross
May 11	(5) vs. UCLA	W, 5-3	Garton 2, Steffens 2, Seidemann
May 12	(5) vs. USC	L, 10-9 (4OT)	Seidemann 3, K. Dodson 2, Steffens 2, Grossman, Neushul

*MPSF Game

(1) UCSB Winter Invite, Santa Barbara, Calif. (2) Stanford Invitational, Stanford, Calif. (3) Irvine Tournament, Irvine, Calif. (4) MPSF Tournament, Berkeley, Calif. (5) National Collegiate Championship, Boston, Mass.

2013 Statistics

Scoring

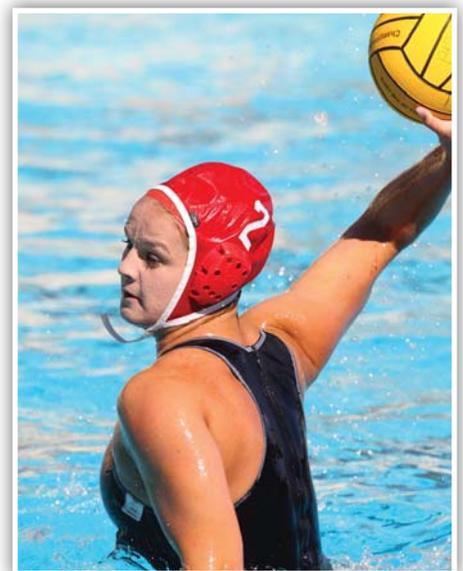
Melissa Seidemann	75
Maggie Steffens	60
Kiley Neushul	50
Anna Yelizarova	46
Annika Dries	35
Kaley Dodson	31
Kaitlyn Lo	26
Ashley Grossman	20
Gurpreet Sohi	14
Cory Dodson	12
Alexis Lee	11
Lexie Ross	11
Jillian Garton	8
Kelsey Suggs	6
Catherine Carpenter	3
Rachel Johnson	3
Melena Masson	1
Stanford	412
Opponents	147

Goalie Statistics

	Games Played	Saves	Saves/GM	GA	GA/Gm
Kate Baldoni	19.25	145	7.53	88	4.57
Emily Dorst	4.50	22	4.25	20	4.75
Gabby Stone	9.19	80	8.65	39	4.25
Stanford	32	247	7.72	147	4.59

Quarter-by-Quarter Scoring

Period	1	2	3	4	OT	OT2	OT3	OT4	Total
Stanford	112	112	93	93	1-1	0	0	0	0412
Opponents	33	29	44	38	1-1	0	0	0	1147



Kiley Neushul scored 50 goals in 2013.